

PRAYING THE LORD'S PRAYER DAILY

This week, we want to encourage you to try praying the Lord's Prayer daily. You can find more information about praying the Lord's Prayer daily at 24-7prayer.com/lordsprayer.

As you pray the Lord's Prayer daily, we encourage you to spend time focusing on the different segments of the prayer. What do these different segments of the prayer say to you? How does each section help you understand God and God's activity in your own life?

We invite you to spend a few minutes praying each day with us at 12:00 PM. Set your alarm and carve out some time in your day to pray. As you pray, you might want to pray the whole prayer and pause on the section of words that are your focus for that day. Or say the whole prayer, and then repeat the phrase that is your focus for the day. Reflect on these words and allow these words to become your breath prayer for the day.

A GUIDE FOR PRAYING THE LORD'S PRAYER DAILY

Monday: Our Father, who art in heaven, hallowed be your name...

Tuesday: Your kingdom come, your will be done, on earth as it is in heaven.

Wednesday: Give us this day our daily bread...

Thursday: Forgive us our trespasses, as we forgive those who trespass against us.

Friday: Lead us, not into temptation, but deliver us from evil.

Saturday: Yours is the kingdom, the power...

Sunday: Yours is the glory forever. Amen.